FLOOD RECOVERY HANDOUT

Flood Recovery is removing ____________/__________/_________ materials from homes that have been wet from floods or storms.

Molds are tiny _______________ that are a necessary part of the environment.

Molds multiply indoors where it is dark, have a source of ________________ and ______________.

There are two ways to recognize mold: _________________ & ______________.

Health problems caused by molds:

**Irritation**- burning eyes, congestion, cough, postnasal drip, rashes or hives

**Allergy**- asthma, itchy watery eyes, congestion, cough, wheezing, tightness of chest, and difficult breathing

**Poisoning and Infectious disease**- rare but some will create chemicals that create serious illnesses or infections.

*Ask your personal ________________.*

FLOOD RECOVERY IS:

- ✓ A DIRTY JOB
- ✓ WORKING IN WATER THAT CAN BE ________________ WITH CHEMICALS AND HARMFUL GERMS
- ✓ BEING PREPARED TO PROTECT ________________ FROM PHYSICAL AND HEALTH HAZARDS

Share your medical information and limitations with the ________________ of your team

Update your tetanus shot every _____ years

BEFORE ENTERING DAMAGED BUILDING:

- ✓ LOOK AT FOUNDATION:
  - MISSING, CRACKED OR UNDERMINED
• LOOK FOR STRUCTURAL DAMAGE:
  DUE TO STORM, TREES, OR FLOOD

• LOOK AT UTILITIES:
  WATER, GAS, PROPANE, ELECTRICAL

IS IT SAFE TO _______________ THE HOME?

• LOOK UP FOR WATER POOLED IN LIGHT FIXTURES OR CEILING ABOUT TO FALL

• LOOK AT THE FLOOR AND PROBE FOR HOLES OR HIDDEN DANGER WHEN WALKING IN WATER/MUD

• CARRY ADEQUATE LIGHTING

• LOOK FOR LOOSE OR DANGEROUS MATERIALS, AND UNUSUAL CHEMICAL ODORS

• BEWARE OF WILD ANIMALS, SNAKES, INSECTS, AND PETS IN DARK AND COVERED AREAS

IS IT A SAFE ENVIRONMENT TO ___________ IN?

STARTING THE CLEAN UP:

• REMOVE ITEMS FROM HOME: WORK WITH HOMEOWNER TO SEE WHAT THEY WANT TO THROW OUT, KEEP AND CLEAN OR KEEP

• TAPE REFRIGERATORS AND FREEZERS SHUT BEFORE MOVING

• USE WHEELBORROWS, CARTS AND HAND TRUCKS TO MOVE HEAVY ITEMS

• REMOVE MUD, SILT, TRASH FROM HOUSE

• DETERMINE HOW MUCH WALL AND FLOOR TO REMOVE (AT LEAST 12 INCHES ABOVE FLOOD LEVEL)

• WET DOWN MOLD-CONTAMINATED SURFACES

• WHEN ALL BUILDING MATERIALS HAVE BEEN REMOVED, YOU WILL PRESSURE WASH EVERYTHING DOWN (NOT DRY AREAS)
• DISINFECT ENTIRE AREA WITH ________________ USING A GARDEN SPRAYER

DECONTAMINATION

HAND SANITIZER VS BLEACH WATER

(ALCOHOL VS. BLEACH) THERE IS A TIME FOR BOTH

DECONTAMINATE TOOLS, BOOTS AND GLOVES AT END OF DAY AND AT END OF EACH JOB

SANITATION ON JOB: TAKE SANITIZER AND HAND WASHING WATER TO JOB SITE. WASH HANDS AND FACE BEFORE EATING OR DRINKING

(CAUTION: HANDS IN ICE CHEST)

SANITATION OF VEHICLE?

BE PREPARED TO TAKE SHOWER AT END OF DAY: (ALL TOOLS ARE CLEAN AND BEFORE YOU ENTER EATING/LIVING/SLEEPING AREA)

♦ PREPARED CLEAN CLOTHING IN PLASTIC BAG
♦ HAVE A PLASTIC BAG FOR YOUR DIRTY CLOTHING
♦ TAKE A GOOD SOAPY SHOWER AND DRESS IN CLEAN CLOTHES
♦ ARE THERE LAUNDRY FACILITIES ON SITE?

WHY RESPIRATORS ARE NEEDED?

The main way that mold gets into you is by ________________ (inhalation).

• THE ______ PARTICULATE FILTER MASK IS ACCEPTABLE FOR MOST OF OUR ACTIVITIES.

• FOLLOW THE FITTING INSTRUCTIONS EACH TIME THE MASK IS USED.

• IF YOU MUST REMOVE MASK DURING USE, DISCARD, STORE IN A CLEAN PLASTIC BAG, OR FOLD AND LOWER TO NECK FOR SHORT PERIODS OF TIME.

• IF YOU DO NOT FEEL CONFORTABLE USING A DISPOSABLE MASK, YOU SHOULD CONSULT YOUR DOCTOR AND HAVE A RESPIRATOR PROFESSIONALY FITTED TO YOUR FACE.