

# FLOOD RECOVERY HANDOUT

Flood Recovery is removing \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ materials from homes that have been wet from floods or storms.

Molds are tiny \_\_\_\_\_ that are a necessary part of the environment.

Molds multiply indoors where it is dark, have a source of \_\_\_\_\_ and \_\_\_\_\_.

There are two ways to recognize mold: \_\_\_\_\_ & \_\_\_\_\_.

Health problems caused by molds:

*Irritation*- burning eyes, congestion, cough, postnasal drip, rashes or hives

*Allergy*- asthma, itchy watery eyes, congestion, cough, wheezing, tightness of chest, and difficult breathing

*Poisoning and Infectious disease*- rare but some will create chemicals that create serious illnesses or infections.

Ask your personal \_\_\_\_\_.

**FLOOD RECOVERY IS:**

- ✓ **A DIRTY JOB**
- ✓ **WORKING IN WATER THAT CAN BE \_\_\_\_\_ WITH CHEMICALS AND HARMFUL GERMS**
- ✓ **BEING PREPARED TO PROTECT \_\_\_\_\_ FROM PHYSICAL AND HEALTH HAZARDS**

Share your medical information and limitations with the \_\_\_\_\_ of your team

Update your tetanus shot every \_\_\_\_\_ years

**BEFORE ENTERING DAMAGED BUILDING:**

- **LOOK AT FOUNDATION:**  
**MISSING, CRACKED OR UNDERMINED**

- **LOOK FOR STRUCTURAL DAMAGE:**  
**DUE TO STORM, TREES, OR FLOOD**
- **LOOK AT UTILITIES:**  
**WATER, GAS, PROPANE, ELECTRICAL**

**IS IT SAFE TO \_\_\_\_\_ THE HOME?**

- **LOOK UP FOR WATER POOLED IN LIGHT FIXTURES OR CEILING ABOUT TO FALL**
- **LOOK AT THE FLOOR AND PROBE FOR HOLES OR HIDDEN DANGER WHEN WALKING IN WATER/MUD**
- **CARRY ADEQUATE LIGHTING**
- **LOOK FOR LOOSE OR DANGEROUS MATERIALS, AND UNUSUAL CHEMICAL ODORS**
- **BEWARE OF WILD ANIMALS, SNAKES, INSECTS, AND PETS IN DARK AND COVERED AREAS**

**IS IT A SAFE ENVIRONMENT TO \_\_\_\_\_ IN?**

**STARTING THE CLEAN UP:**

- **REMOVE ITEMS FROM HOME: WORK WITH HOMEOWNER TO SEE WHAT THEY WANT TO THROW OUT, KEEP AND CLEAN OR KEEP**
- **TAPE REFRIGERATORS AND FREEZERS SHUT BEFORE MOVING**
- **USE WHEELBORROWS, CARTS AND HAND TRUCKS TO MOVE HEAVY ITEMS**
- **REMOVE MUD, SILT, TRASH FROM HOUSE**
- **DETERMINE HOW MUCH WALL AND FLOOR TO REMOVE (AT LEAST 12 INCHES ABOVE FLOOD LEVEL)**
- **WET DOWN MOLD-CONTAMINATED SURFACES**
- **WHEN ALL BUILDING MATERIALS HAVE BEEN REMOVED, YOU WILL PRESSURE WASH EVERYTHING DOWN (NOT DRY AREAS)**

- **DISINFECT ENTIRE AREA WITH \_\_\_\_\_ USING A GARDEN SPRAYER**

## **DECONTAMINATION**

### **HAND SANITIZER VS BLEACH WATER**

**(ALCOHOL VS. BLEACH) THERE IS A TIME FOR BOTH**

**DECONTAMINATE TOOLS, BOOTS AND GLOVES AT END OF DAY AND AT END OF EACH JOB**

**SANITATION ON JOB: TAKE SANITIZER AND HAND WASHING WATER TO JOB SITE. WASH HANDS AND FACE BEFORE EATING OR DRINKING**

**(CAUTION: HANDS IN ICE CHEST)**

**SANITATION OF VEHICLE?**

**BE PREPARED TO TAKE SHOWER AT END OF DAY: (ALL TOOLS ARE CLEAN AND BEFORE YOU ENTER EATING/LIVING/SLEEPING AREA)**

- ◆ **PREPARED CLEAN CLOTHING IN PLASTIC BAG**
- ◆ **HAVE A PLASTIC BAG FOR YOUR DIRTY CLOTHING**
- ◆ **TAKE A GOOD SOAPY SHOWER AND DRESS IN CLEAN CLOTHES**
- ◆ **ARE THERE LAUNDRY FACILITIES ON SITE?**

## **WHY RESPIRATORS ARE ARE NEEDED?**

The main way that mold gets into you is by \_\_\_\_\_ (inhalation).

- **THE \_\_\_\_\_ PARTICULATE FILTER MASK IS ACCEPTABLE FOR MOST OF OUR ACTIVITIES.**
- **FOLLOW THE FITTING INSTRUCTIONS EACH TIME THE MASK IS USED.**
- **IF YOU MUST REMOVE MASK DURING USE, DISCARD, STORE IN A CLEAN PLASTIC BAG, OR FOLD AND LOWER TO NECK FOR SHORT PERIODS OF TIME.**
- **IF YOU DO NOT FEEL COMFORTABLE USING A DISPOSABLE MASK, YOU SHOULD CONSULT YOUR DOCTOR AND HAVE A RESPIRATOR PROFESSIONALLY FITTED TO YOUR FACE.**